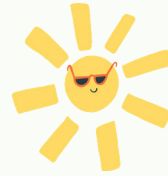




# The Weather Massage Story...

## ONCE UPON A TIME THERE WAS A BIG YELLOW SUN

With one hand on your baby's shoulder take the other hand and make big clockwise circles on their back



## BUT SOME CLOUDS STARTED TO APPEAR

Make small circles with your fingertips

## AND THEN CAME THE WIND

Sway your hands from side to side



## THEN CAME THE LIGHTNING AND THE THUNDER

Gentle karate chops

## AND IT STARTED TO RAIN

Gentle pitter patter of fingers on your little back



## THERE WERE BIG PUDDLES

With your hands flat on the back make big handprints

## THEN IT BEGAN TO SNOW...

Make little picking movements with your fingers like you were picking pieces of snow off your little one's back



## THEN THERE WAS FOG AND ALL WAS STILL

Spread your hands across your little one's back until they rest still

## THEN THE SUN CAME OUT AGAIN

Gently take your hands away

